

**Are you a mom of school-age kids,
especially those with unique struggles and/or special needs?**

**Are you ready to take simple, guided actions that ease you
and your household into more a tranquil state of being?**



HARMONY IN MY HOUSE

Simple tools for moms. Positive change for families.

**PRESENTED BY EDUCATIONAL ADVOCATE
JANIE DICKENS, M.ED., NBCT**

DATE AND TIME TBA

COST: \$80 (\$20 PER SESSION)

Join us for a workshop designed to help today's busy mom shift from a place of uncertainty to one of empowerment. Sessions will focus on deciphering and effectively responding to the dynamics that affect home life and all those in it. Moms will leave each session equipped with real-world, practical, powerful strategies that are easy to implement (and are accessible regardless of religious affiliation or spiritual practice.) You will NOT need to "make more time!" You will learn tips and tricks for easing these simple strategies into action within your already



EMAIL OR CALL FOR MORE INFORMATION:

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